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PROSPECTUS

1 INTRODUCTION

The Guides' training scheme has been designed and developed so that the British Association of Mountain Guides (BMG) can offer a thorough training and assessment in all disciplines associated with the international guiding profession. The system meets the standards set down by the European Guides Commission (EGC) and ratified by the International Federation of Mountain Guides Associations (IFMGA). It should be understood that this document is not definitive, as any system should be prepared to modernise and adapt to new ideas and trends. The BMG system has taken into account the unique mountain environment of the UK and Ireland and the necessary associated skills. Completion of the UK elements of the scheme enables members to be involved in the whole range of mountaineering work in this country including other training and assessment schemes. Completing the full BMG training scheme and achieving the subsequent award of the International Mountain Guide qualification ensures that a member has parity of standards and benefits with other guides of member countries of the IFMGA.

All BMG members recognise and adhere to the international **Charter for the Mountain Guide**.

“Our reason for becoming a Mountain Guide can be derived from our appreciation of the beauty of the mountains, our acceptance of the risks entailed in mountaineering and the value we place on our partnership with other climbers. To achieve this a Mountain Guide needs to be clear-sighted, meticulous and demonstrate a professional attitude, commitment and appearance.

We demonstrate our respect for the mountains by close co-operation with those who live and work there and with land management agencies. Our activities are carried out in a sensitive manner, in tune with the natural environment. Our acceptance of risk in the mountain environment presupposes alertness, prudence, self-knowledge, vigilance, current technical expertise and good equipment. The Guide offers loyalty to the contract with the client, aid to any climber in distress, the adoption of the highest safety standards, trust and a spirit of good fellowship toward all peoples, mountain regions and countries”.

The BMG welcomes anyone committed to becoming a Guide, welcoming them and wishing them success in this profession. Every member is invited to contribute in time to the reputation, organisation and success of the British Mountain Guides.

2 ORGANISATION AND DELIVERY OF BMG TRAINING AND ASSESSMENT COURSES

The British Association of Mountain Guides appoints a Technical Director who is responsible to the Association for the organisation and delivery of its training and assessment scheme. The Technical Director heads a committee composed of Guides from a range of geographical regions including an observer from Mountain Leader Training UK. The Technical Director appoints a range of Course Convenors who are responsible for the planning and running of particular courses. The Technical Director along with the Training Committee and Course Convenor, appoint staff to work on each course. Guides who work on these courses are all very experienced and all have been qualified for a minimum of three years.

3 PRE-REQUIREMENTS

In order to be considered for membership of the British Association of Mountain Guides, an applicant must meet the requirements listed below.

The Guidance Notes for Applicants and an application form can be downloaded from the BMG website

Prior to application candidates should meet the following requirements.

1. Be at least 22 years of age.
2. Submit the Association's medical form completed by a medical practitioner.
The details requested in 3, 4 and 5 should be submitted using the association's application form.
3. Provide details of mountaineering experience in the UK over a period of at least five years, which should be geographically extensive. In all cases these routes must be led or alternate led, and not soloed. They should include:
 - At least fifty multi-pitch climbs led at EI 5b or above in a wide variety of areas in the UK. Technical leads at E3 5c are recommended as this ensures that the applicant is consistent at E1 5b.
 - A comprehensive list of At least sixty snow and ice climbs Grade III or harder (twenty of which must be Grade V or harder) and at least ten icefall/cascade climbs grade WI4 or harder in the Alps or similar. List all routes climbed but over forty of these routes should be in the Scottish mountains in a variety of areas eg Ben Nevis, Glencoe, Creag Meagaidh, Torridon, Cairngorms.
 - Non-UK experience may also be taken into consideration e.g. ice grade 4 in France or Canada, but the majority of experience logged must be UK/Scottish.

- A general mountaineering history including hill walking in the UK and Ireland, mountaineering and camping experience.
4. Provide details of Alpine mountaineering experience over a minimum period of at least four years.

This experience should show the following:

- Knowledge of several Alpine climbing areas, at least three of which should be European,
 - 20 ascents of major summits,
 - A variety of experience including rock, snow/ice and mixed (mentioning any winter ascents).
 - As a guideline, experience in the European Alps should include a minimum of twenty big routes,
 - 10 of these routes should be Alpine très difficile (TD) standard or above.
 - Of these 10 routes 5 should be at least 800 metres in length and preferably mixed (i.e. classic and committing North faces or similar).
 - Greater ranges experience will be considered but the majority of routes and experience must be in the European Alps.
 - Applicants must include the names of climbing partners on all significant ascents, and these routes must not be soloed although please document any solo ascents
5. Provide details of skiing ability on and off-piste. This should include:
- A minimum of thirty listed days of ski-mountaineering experience in glaciated Alpine terrain.
 - Fifteen days or more of the thirty listed days must be linked days consisting of at least three consecutive nights in huts on recognised tours.
 - Ski touring and skiing expeditions outside of Europe will be considered but the majority of ski-touring experience must be in the European Alps.
 - Applicants are expected to ski all pisted runs with good style and demonstrate good balance, posture and control whilst skiing linked-parallel turns of varying radius.
 - Applicants should cope well in all off-piste conditions showing the ability to ski safely, effectively and in control.
 - While candidates may not be at the level expected of a guide at this stage they will be advised during the induction process of the level they will need to reach prior to the ski

examinations.

6. The applicant must be currently operating at the standards mentioned in 3, 4 and 5.
7. Provide written references from at least two referees, one of whom must be a fully qualified Guide. The Guide must be able to vouch, at least in part, for the authenticity of the candidate's application and be prepared to help and advise him/her through the scheme as a mentor.

The Technical Director /Training Committee can help find a guide to act as a mentor if the applicant does not know a Guide. One referee must be able to attest to the candidate's good character.
8. Provide details of a current first aid certificate with a mountain component.
9. List any relevant qualifications held e.g. MIA, MIC etc.
10. Send an Application Fee to British Association of Mountain Guides (details of the cost and the deadline for applications are to be found in the **BMG Guidance Notes for Applicants** available on the BMG website).
11. Send a copy of your application form to both referees along with a pro forma for the referee to verify your application

It is also recommended that the candidate obtain as much experience and observation of instructing as possible prior to entering the scheme. Candidates should note that the pre-requirements are high to help ensure that those who embark on the scheme have the commitment, experience and technical ability required to complete the scheme successfully.

4 SUMMARY OF TRAINING AND ASSESSMENT SCHEME

Refer to Appendix 2 – Flow diagram of British Mountain Guides Training and Assessment Scheme

General

The British Mountain Guide Training Scheme is a FULL TIME commitment comprising of a series of training and assessment courses developing the skills required by a professional Mountain Guide.

The courses are interspaced with "consolidation periods" where candidates are expected to gain both work experience with other mountaineering/skiing professionals and also time spent developing their

own personal skills and experience in these fields. General work experience and the directly supervised 'alpine aspirancy' logbook days are a valuable part of the BMG Straining Scheme. Mountaineering and skiing professionals are able to offer constructive feedback on the Candidate's current performance hence enabling their continued professional development.

Additional developmental guidance for candidates can be gained either formally through course feedback and results, or informally from their personal Mentor.

The BMG Training scheme advises Candidates to make full use of these allocated "consolidation periods". It has been shown that Candidates who fare best on Assessments have maximised the use of these periods. The time between Training and Assessment is limited and careful structuring of this time will often be necessary in order to gain the level required of a professional Mountain Guide.

A Candidate is advised to approach the BMG training scheme as they would a Full Time course in order to ensure that they meet the required standards on each of the critical assessments. Failure to meet the required standards on assessment can delay a Candidate's progression through the Training Scheme.

Registration

This takes place when the Association accepts the candidate's written application. At this point the candidate becomes known as a BMG registrant. Registrants will be issued with a logbook, attendance at all courses are recorded in the log book along with other experience gained as the candidate progresses through the scheme.

The modules below are listed chronologically:

Induction Courses

These provide an opportunity to discuss the level of training and assessment on future courses and act as a check of the candidate's technical level. The induction courses are pass or fail. Failure of a candidate to perform at the required level will mean that they cannot continue with the training scheme at that time.

The modules are:

1. Rock Entrance Exam (September, based in North Wales)

A one-day formal rock climbing assessment in which candidates demonstrate an ability to climb at EI 5b in rock boots and grade V in mountain boots. For non MIA applicants there will be a compulsory two-day extension for training in short roping and improvised rescue.

This is the rock foundation course. This is optional for MIA holders but is very strongly recommended as it lays the foundation for the skills of guiding.

The registrant must apply in writing for exception from this course.

Following the induction course and prior to the Rock 1 course the candidates must log two days of peer group training to consolidate on the skills learn. These days should be recorded in the logbook.

2. Ski Technique Course (January, based on the Alps)

A three-day instructional course, followed closely by the ski induction course. This course is focussed on the development of personal performance and is run by a ski instructor.

3. Ski Entrance Exam (January, based on the Alps)

A one-day ski induction course based in the Alps. This is an assessment of the candidate's current ski standard, the candidate must demonstrate a level that will allow them to reach the standard required by the BMG ski test by the time they reach that stage in the scheme.

4. Avalanche Course (January, based in the Alps)

Five days of training finishing with a course evaluation including rescue, snow stability, avalanche hazard assessment, group management and terrain choice. This course will be run in an Alpine area in winter and is usually run as a block of training including the ski technique and induction courses.

5. Winter Entrance Exam (February or March, based in Scotland)

One day of winter climbing providing an opportunity for candidates to demonstrate their ability to climb at grade V. This will take place in Scotland.

For non-MIC applicants there will be a compulsory two-day extension for training in winter skills and teaching known as the Winter Foundation course. This is optional for MIC holders but very strongly recommended.

The registrant must apply in writing for exception from this course.

The induction courses may well be run in less than perfect conditions and candidates must be prepared for this.

Following the winter foundation course and before the winter training the following year the candidates should undergo 2 days of peer group training to help with the consolidation period, these days should be

recorded in the log book.

Any candidate failing one or more of the induction courses will not be allowed to continue in the BMG training scheme. The Training Committee will decide whether a candidate will be given the opportunity to re-take all the induction courses again the following year.

All the induction courses should be completed before attending the Rock 1 course. However, if necessary, the Avalanche Course may be attended one year later at the discretion of the Training Committee.

On completion of the Induction phase a candidate becomes a trainee guide and becomes a member of the BMG (At this stage a membership fee is liable).

Summer UK Training

There are two components to this course:

Rock 1 – Lake District (April/May)

This consists of a four-day course based in the Lakes.

Following the course the candidates should undergo a minimum of 2 days peer group training prior to the assessment these days should be recorded in the logbook.

Rock 2 - Physical Performance & Coaching course – North Wales (May)

This consists of a four-day course usually based in North Wales.

These training courses will cover all practical elements of the summer syllabus. These courses will also include physical performance, injury avoidance, environment, leadership, coaching, professionalism, and aspects of assessment techniques.

Summer Consolidation Period - UK

In between training and assessment courses candidates should use this consolidation period to gain a wide variety of summer UK rock climbing work experience in order to best prepare themselves for the assessment. It is the candidate's responsibility to organise these work experience placements. Where necessary, advice can be gained from any of the BMG trainers or assessors, other experienced BMG Mountain Guides or their personal Mentor.

Summer UK Assessment – North Wales (September)

Six days of assessment on the summer UK rock syllabus, based in North Wales.

Scottish Avalanche Training Day - Scotland (January usually the day before the start of the winter training)

A day of training in avalanche hazard evaluation supported by the Chris Walker Trust and delivered by SAIS.

Winter Training course – Scotland (January)

Five days of training on the winter syllabus, covering client care, guiding techniques and avalanche awareness.

Following the course the candidates should undergo a minimum of 2 days peer group training prior to the assessment these days should be recorded in the logbook.

Winter Consolidation Period - Scotland

In between training and assessment courses candidates should use this consolidation period to gain a wide variety of summer UK rock climbing work experience in order to best prepare themselves for the assessment. It is the candidate's responsibility to organise these work experience placements. Where necessary, advice can be gained from any of the BMG trainers or assessors, other experienced BMG Mountain Guides or their personal Mentor.

Winter Assessment course – Scotland (February)

Six days of assessment on the winter syllabus including personal climbing skills, guiding skills and client care.

Ski Touring Training course - Alps (April)

Five days of training covering ski guiding techniques for touring.

Candidates should undergo a ski tour with peers following on from the training course this will help consolidate and develop the skills covered in the course. Advice can be given about appropriate tours by the training team. This tour should be recorded in the logbook.

Summer Alpine Training – Alps (June)

Seven days of training on the Alpine syllabus in the European Alps. The Aspirant carnet will be issued on the successful completion of this course.

If candidates are not performing at an appropriate level by the end of the week further training will be advised prior to the issue of an Aspirant carnet

Alpine Apprenticeship first season – Alps (summer)

The alpine apprenticeship consists of a minimum of thirty quality-guided

days under the direct supervision of a guide who has been qualified for a minimum of three years. It is noted that many more than thirty days will need to be spent with clients in the mountains to achieve 30 quality days.

These will be carried out under the conditions laid out in the aspirant guidelines. A minimum of 20 of these days must be completed in the first summer with a minimum of 10 in the second summer.

At the end of the first summer a logbook review will take place with the Technical Director with mandatory recommendations being made for the second season.

Prior to attendance on the Alpine Assessment course Aspirants should complete all 30 of these days. The Alpine Assessment is in the middle of the second summer and constitutes the final guides exam.

Logbooks will be reviewed by the Alpine Assessment team and recommendations will form part of the assessment process.

Regardless of the number of aspirancy days completed in season one, in the second year's apprenticeship the Aspirant will be required to work for a minimum of ten aspirancy days.

Off-Piste Ski & Avalanche Training course - Alps (January)

A six day course starting with three days avalanche education and then integrating this with looking at the skills needed in guiding off-piste skiing.

Cascade Training course - Alps (February)

A two day training course delivering the skills needed to guide icefalls safely.

Alpine Ski Apprenticeship - Alps (winter and spring)

A minimum of fifteen days work experience, post training, with Guides who have been qualified for a minimum of three years. At least ten of these days must be on recognised ski tours and each tour must consist of at least three consecutive nights in huts.

Ski Touring Assessment – Alps (April/May)

Six days on the ski-mountaineering syllabus with assessment of skiing standard and guiding skills. This course will be run in an Alpine area.

Alpine Apprenticeship second season - Alps (summer)

The Aspirant must complete the required days to a minimum of thirty or to the number of days required by the Technical Director after the logbook review.

Alpine Assessment – Alps (August)

Six days of assessment of alpine guiding techniques in the European Alps. If a candidate is unsuccessful they may be offered the opportunity to re-sit in the same season or they may have to wait until the following summer to re-sit the exam.

Completion Seminar (venue(s) to be arranged annually)

A half-day seminar to conclude the training and assessment scheme to include:

- Responsibilities of an IFMGA BMG Mountain Guide
- Working as a newly-qualified guide
- Accident and complaints procedure
- The BMG Association
- EPC and foreign registration to work
- Continued Professional Development
- Social media

In order to attend, Aspirants must have completed all aspects of the training scheme.

Continued Professional Development (CPD)

A completion of two days CPD training every two years is mandatory for all qualified BMG Mountain Guides.

It is the responsibility of each qualified Guide to remain up to date with new techniques and developments.

The BMG will run CPD training on a regular basis this is done through the different organisational areas.

It is the Guide's responsibility to seek advice and training in areas of work not covered by the BMG syllabus (e.g. Himalayan climbing, industrial rope-access work, canyoning, mountain first aid training courses) should they wish to offer their services in those areas.

5 STAGES OF THE TRAINING SCHEME

Candidates in the scheme are given titles that recognise the level of competence they have achieved and the type of work in which they are endorsed and insured to undertake in the Association.

BMG Registrant status is gained on successful admission to the BMG Entrance Exams, a logbook is issued so that all guiding activities can be recorded and courses passed can be signed off, until the completion of the scheme. As a registrant you are not a member of the BMG or officially

on the training scheme.

BMG Trainee Status is gained on successful completion of the BMG Entrance Exams. At this stage all Trainees must sign the **BMG Learning Agreement**. Trainee Guides join the BMG Association at this point by paying a subscription. Trainee Guides are validated to work in the British mountains in summer conditions after they have passed their BMG Summer UK Assessment. Once the Trainee has passed their BMG Winter Assessment they are then eligible to work in winter conditions.

BMG Aspirant status is gained on successful completion of the Winter Assessment. Aspirants are then endorsed to work in the British mountains in winter and pay an Aspirant subscription at this point. On successful completion of the Alpine Training Course the candidate is issued with an Aspirant carnet.

The training and assessment scheme provides a series of courses, all of which must be completed successfully in order to qualify as a Full Mountain Guide. The IFMGA requires that the period of training and assessment should not exceed five years in normal circumstances this policy will apply.

The progress of Trainee and Aspirant members of the BMG who are unsuccessful in completing assessments will be reviewed by the Training Committee after a total of five years in the scheme. They will normally be withdrawn from the scheme after this time.

Candidates who hold the Mountaineering Instructor's Award (summer) or Mountaineering Instructor Certificate can be exempt from certain training requirements. However attending these courses is very strongly recommended and the registrant must apply in writing for exception from this course.

See Appendix 3.

6 LOGBOOK AND CARNET

Trainee Guide and Aspirant Guide Logbook

Trainee Guides must keep an accurate record of their relevant experience in summer and winter and make it available when requested. Similarly, Aspirant Guides keep a logbook of all Alpine work. The stated number of days required for each section of the syllabus is the minimum and it is expected that they should be complete, quality Alpine mountain days. The Aspirant should make note of the following for each of these days:

- dates

- Route conditions etc.
- time taken
- number of clients
- client ability levels

The minimum number of logged days required is:

- Alpine mountaineering - thirty logged days
- Alpine ski mountaineering - fifteen logged days

All logged days must be completed alongside an IFMGA Guide of at least three years standing this is because the newly qualified guide is still on a steep learning curve and shouldn't be in charge of their own clients as well as an aspirant and a separate rope of clients.

Guidelines for Guides working with Aspirants and Guidance Notes for Aspirants working with Guides are available on the members' section of the BMG website.

Experience where possible should be gained with a variety of Guides and each one should give constructive feedback, write comments and sign the candidate's logbook. When the required experience has been gained the logbook should be sent to the Technical Director.

A quality alpine mountain day is described below and Aspirants are encouraged to complete as many days of this type as possible. It should be understood however that all guiding experience is invaluable particularly those routes that require a variety of techniques in ascent and descent to complete them. Aspirants should undertake as much work as possible on glaciated terrain, mixed routes and long, rock routes with as many different guides as they can.

Quality Alpine Mountain Day

A quality alpine mountain day would normally be regarded as a route of PD-AD grade or above and over 500 metres in length. The route should require a variety of techniques in ascent and descent such as short roping, moving together, short pitches and client lowers. Preferably the route would include a glacial approach but this would clearly not have to be the case on long involved alpine rock routes such as the Hornli ridge on the Matterhorn, Dent Blanche, Sudgrat on the Salbitchen, Portjengrat, etc

It is strongly recommended that candidates complete at least 10 routes of AD. This will greatly help to develop their guiding skills.

Aspirants should aim to log as many long and varied guiding routes as possible during their two-year aspirancy period. However we must not lose sight that the shorter “trade” routes and more technical pitched routes can also provide exceptionally valuable learning experiences and aspirants should try to log routes of all grades and all types (rock, ice and mixed) in as many different areas as possible and under the supervision of as many different guides as possible. Up to two école de glace days and two days on via ferratas or valley rock climbing (a normal occurrence during an alpine season) will also be accepted.

Thirty quality guiding days are required between the alpine training course and the alpine assessment. Aspirants are welcome and encouraged to meet with the TD, the TC members or the appointed alpine course conveners/trainers during the alpine season to discuss the content of their logbooks and whether the required number of days have been logged prior to the assessment.

A further 10 quality guiding days are required in the second aspirancy season regardless of the amount of days completed in the first aspirancy season to complete the total number required.

IFMGA Carnet

The IFMGA carnet will be awarded on satisfactory completion of the scheme. The Association will also issue a certificate of qualification.

7 ASSESSMENT, RE-ASSESSMENT AND APPEALS PROCEDURE

Assessment

At the end of assessment courses the Course Convenor will take into account all the views and opinions of the assessors before arriving at the candidate's assessment result. The Convenor will then inform the candidate of their decision and discuss their performance. There are three possible results:

Pass

This means the candidate has reached the appropriate standard in all areas of the syllabus. The Convenor may also give guidance on how to continue to develop skills. The candidate will then receive a written report and will be able to proceed to the next stage of the scheme.

Defer

The candidate has not reached the required standard in one or more areas of the syllabus. The Convenor will explain why the candidate has been unsuccessful and will give some guidance on remedial action required before re-assessment. The candidate will then receive a written report. Generally candidates will return to re-sit two or more days the following year. In rare cases where the area of weakness can be addressed the same season, then a one day reassessment may be considered.

Fail

The candidate has not met the required standards and needs to re-take the full assessment course if they are to continue in the scheme. The Convenor will give guidance as to when/whether the candidate should return for re-assessment and what action needs to be taken. The candidate will then receive a written report.

At the end of the assessment courses it is the candidate's responsibility to ensure that the assessment result and any subsequent action required is understood e.g. re-assessment, further experience etc. If unclear, the candidate should ask the Convenor for clarification.

Re-assessment

A candidate who fails or is deferred on the original assessment may be re-assessed. Normally re-assessments will take place during the annual assessment week. Re-assessments may take place at other times in the year, but only at the discretion of the Technical Director and Course Convenor, who will ensure that a panel of experienced assessors is available to give a balanced opinion and agree results. A candidate who fails a re-assessment can attend a further re-assessment. Normally a maximum of two re-assessments is permitted at each stage of the scheme. Unsuccessful candidates will be withdrawn from the scheme. In

exceptional circumstances candidates can apply to re-sit the assessment or re-start the training scheme.

Appeals Procedure

If an assessment candidate feels unfairly treated the options available are:

1. *Make contact with the Convenor of the assessment course and explain* the concerns. The Convenor may be able to clarify the decision and resolve the appeal.
2. If still unhappy about the treatment write to the BMG Technical Director explaining fully the concerns. The Technical Director may also be able to offer additional advice and resolve the dispute.
3. If the appeal cannot be resolved by stages 1 and 2, the candidate or the Training Committee may refer the matter to the BMG Committee of Management. The decision of the Committee will be final.

If a Learner has a complaint concerning any aspect of the Training Scheme then they are first encouraged to discuss the matter with their Mentor.

If the matter cannot be resolved through contact with their Mentor then the Learner is directed to contact the PSC (Professional Standards Chair). The PSC may then investigate the complaint further and advise the Management Committee whether substantive grounds for the complaint exist.

The Management committee discuss the complaint and seek to find a resolution. They may dismiss or uphold the complaint or seek further information from the PSC or Training committee in order to help them make a final decision. The decision of the Management committee is final.

Timescales for completion of the BMG Training Scheme

A candidate has 5 years to complete the scheme from completion of the induction phase (March after winter foundation course). After that if they are deferred they must usually wait a year to be reassessed. A candidate may be reassessed up to three times before being removed from the scheme. They may request to restart the training scheme at that time.

The candidate must stay within the 5 years irrespective of deferments.

A candidate may apply to the Management Committee for an extension to the 5 years in case of exceptional circumstances.

SYLLABUS

The following syllabus is a guideline it is by no means exhaustive, its exclusion here does not mean that those techniques not mentioned will not be covered and be expected to be delivered in a safe competent manner by a candidate.

1 GENERAL SKILLS AND QUALITIES

During the Training and Assessment scheme the candidate is expected to develop and demonstrate a high level in the following:

- Judgement and decision making
- Expert mountaineering knowledge
- Communication skills including client briefing and assessment of ability
- Appropriate route selection and pace
- Route finding, assessment of terrain and hazard awareness
- Professionalism
- Client enjoyment, motivation, satisfaction and education
- Environmental awareness
- Personal organisation skills
- Client care on all grades of climbs and in all mountain situations
- Selection of emergency and first aid equipment
- Bivouac skills with reference to both the guide and the client
- Personal appearance and equipment

2 ALPINE AVALANCHE SYLLABUS

Alpine Weather

- General influences relating to snowfall
- Local mountain weather and lifting mechanisms
- Mountain weather forecasting and forecasts

Avalanche Phenomena

- Types of snow failure
- Avalanche motion

The Mountain Snowpack

- Formation of snow in the atmosphere and on the snow surface
- The metamorphosis of snow
- Variation in the snowpack

Snow Stability Evaluation

- Snowpack structure, temperature, humidity and density
- Snow stability categories

- Evaluating snow stability for mountain excursions
- Common errors

Avalanche Hazard Forecasting and Situation Bulletins

- Definitions and international scales for avalanche risk
- Checklist for hazard evaluation and forecasting

Avalanche Terrain

- Avalanche hazard and terrain features
- Slope configuration
- Forest
- Recognising past avalanche activity
- Considerations for travel terrain

Winter Travel in the Mountains

- Planning at home
- Approach strategy on the route
- Snow conditions
- Terrain
- Human factors

Safety and Self Rescue

- Group management
- Route selection in risk areas
- Equipment
- The avalanche casualty and survival chances
- Rescue action by survivors and first aid priorities
- Formal search and rescue techniques

3 SUMMER SYLLABUS

ROCK CLIMBING

Demonstrate care and leadership in the mountain environment to include:

- Personal climbing performance of at least EI 5b
- Guiding at EI 5b in rock boots and at VS in mountain boots with rucksack, doing so competently, safely, inspiring confidence and demonstrating judgement and client care.

Knots - a good working knowledge of all knots commonly used in mountaineering, to include:

- Tying-on knots
- Belay knots
- Tape knots

Belaying - setting up various anchoring systems to include:

- Single and multiple anchors
- Organisation of stance and changeover
- Belaying methods, modern and traditional
- Understand the use of direct and indirect belays

Rope Handling - various rope systems for climbing and guiding to include:

- Single and double-rope techniques
- Guiding clients in series and in parallel
- Use of protection for leader and second
- Down-climbing.

Abseiling and Lowering - knowledge of safe systems to include:

- Multiple abseils with clients, self-protection whilst abseiling
- Various abseil devices and methods
- Lowering and multiple lowers
- Abseiling and lowering past knots

Improvised Rescue - awareness of and ability to perform a variety of improvised-rescue techniques (using normal climbing equipment) to include:

- Prussiking and ascending a rope
- Escaping from the system
- Evacuation of injured climber
- Hoisting systems
- Assessing crag problems and determining the most efficient and effective solution

INSTRUCTING AND GUIDING

Demonstrate an ability to teach summer rock climbing and associated mountaineering or group related activities including:

- Teaching climbing to beginners
- Coaching climbing and movement
- Teaching advanced rope work
- Teaching and supervising lead climbing
- Group activities to include bouldering, single pitch climbing, abseiling, group adventure and use of climbing walls

SCRAMBLING

Awareness of and ability to protect clients on various types of scrambling terrain both in ascent and descent including:

- Care and leadership of clients when un-roped
- Short roping- dynamic and fixed rope lengths
- Effective and simple pitched climbing
- The use of direct and indirect belays
- Moving together
- Route finding with and without a guidebook
- Client care in the mountain environment

NAVIGATION

An ability to navigate with speed, pace and efficiency in all summer conditions on mountain terrain including:

- Use of relevant maps, scales and conventional signs
- Knowledge of contours and other methods of showing relief
- Measuring distance on the map and the ground
- Navigating/route finding across country with map alone
- Effective methods of relocation and search techniques.
- Efficient navigation in poor visibility and in darkness
- Route planning
- Use of GPS
- Teaching navigation in a structured format

FORMAL MOUNTAIN RESCUE

Familiarity with Mountain Rescue in United Kingdom including:

- Knowledge of general organisation of search and rescue and casualty care
- Use of equipment for general and crag rescue situations

PHYSICAL PERFORMANCE AND COACHING IN MOUNTAINEERING

- Physical performance
- Avoidance of injury
- Coaching, leadership and assessment skills
- Other mountain training schemes in the UK
- Guiding, professional liability and the law
- The role of technical experts and current legislation
- The mountain environment

4 WINTER SYLLABUS

Competence in all summer skills in climbing and mountaineering is assumed.

WINTER CLIMBING

The candidate should demonstrate:

- Good general winter mountaineering skills in the use of axe, crampons and rope for moving over easy, mixed terrain
- Excellent movement skills over moderate mountaineering terrain with an ability to manage others appropriately
- Excellent navigation skills and ability to undertake a mountain expedition in hostile conditions
- An ability to climb competently at Grade V on ice and on buttresses
- Competent and efficient at all types of Grade V terrain
- An ability to provide two days of appropriate and structured winter climbing for clients using suitable training and guiding skills
- Speed of movement and appropriate rope work skills
- Good choice and construction of sound, appropriate anchors
- Competent route finding
- Sound placement of runners for the safety of both leaders and second
- Understanding and choice of climbing tools and their uses
- Self- and improvised-rescue techniques and rescue procedures

INSTRUCTING AND GUIDING

The candidate should demonstrate an ability to teach winter skills to groups and individuals of any ability on the following subjects:

- Appropriate selection of equipment and clothing for winter
- Awareness of objective dangers and hazards
- Basic winter skills including walking on snow, up and down hill
- Use of the ice axe for walking, climbing and self arrest
- Climbing skills, rope work and belay techniques for winter climbs
- Use of specialist winter climbing equipment

The candidate should demonstrate suitable guiding skills such as:

- Have an accurate assessment of the anticipated conditions on the mountain
- Be able to select the best and most appropriate objective for the client based on this assessment
- Quick and accurate assessment of client's abilities
- Awareness of any opportunity to teach appropriate and relevant skills when approaching the mountain or route
- Ensure the comfort of the client, whenever possible, by creating sheltered stances and using appropriate belay systems that can be dismantled efficiently and easily
- Efficient transitions from one rope technique to the next as terrain dictates
- Placing runners for the client's peace of mind as well as safety
- Be inspiring and reassuring company in the mountains
- Have an excellent knowledge of the winter mountain environment and winter climbing history
-

NAVIGATION

The candidate should be able to navigate to a high degree of accuracy in hostile winter conditions:

- Applying all the skills of summer navigation to the winter environment
- Decisiveness
- Being able to use advanced skills to relocate in poor visibility e.g. use of aspect of slope, break of slope etc.
- Navigating quickly and directly when circumstances necessitate

AVALANCHE AND METEOROLOGY

The candidate should have a thorough understanding of UK snow conditions and be able to make correct judgements with respect to avalanche potential and risk evaluation including:

- Knowledge of avalanche classification and the role of the Scottish Avalanche Information Service
- Making accurate snowpack assessments using weather history, snow fall and snowpack history, current weather interpretation, visual observation and snow pit analysis
- Minimising risk in avalanche-prone conditions
- Procedures in the event of avalanche burial, searches etc.

5 ALPINE SUMMER SYLLABUS

ALPINE CLIMBING

Rope-Handling Systems on Mixed Terrain and Rock to include:

- Tying-in systems
- Methods of holding the rope
- Efficiency of movement
- Moving-together systems
- Adaptability of techniques to terrain
- Techniques of descent
- Appropriate choices of rope diameter
- Specific Alpine equipment - plaquettes etc.

Rope-Handling Systems on Glacial Terrain to include:

- Tying-in systems
- Distance between climbers on the rope when journeying
- Roping-up arrangements
- Crevasse rescue

GENERAL SKILLS AND KNOWLEDGE

- Hazard awareness
- Navigation and route finding in the dark, use of altimeters
- Use of guidebooks
- Gaining local knowledge
- Hut etiquette
- Local traditions and languages
- Other mountain users
- Use of radios and mobile phones
- Insurance
- Limitations of work with respect to the IFMGA and the EGC
- Route finding

ALPINE TEACHING AND GUIDING

- The teaching of snow and ice craft
- Belaying
- Crevasse-rescue techniques
- Knowledge of equipment
- Techniques of descent

VIA FERRATA

- Guidebooks and grades
- Sport via ferrata and Dolomites via ferrata

- Equipment – via ferrata lanyards, slings, helmets, boots, gloves
- Ratios
- Working with young people
- Un-roped and roped parties
- Ropes and tying-on systems
- Moving together, belaying techniques on steep sections
- Potential problems, rescue scenarios
- Weather

6 SKI MOUNTAINEERING SYLLABUS

ALPINE SKIING

- Piste downhill skiing - the ability to ski linked, parallel turns of varying radius with good basic balance and control
- Off-piste skiing - the ability to ski in a variety of snow conditions safely, efficiently and in control

Downhill Skiing Skills - demonstrate good technique in the following areas, the candidate show demonstrate strong fluid style with a ski touring pack on:

- Deep snow
- Crusty snow
- Firm/icy snow
- Steep ground, side slipping, jump turns
- Bad visibility
- Braking with ski sticks

Uphill Skiing Skills - demonstrate and convey sound advice regarding:

- Use of equipment – skis, bindings, ski crampons, skins
- Skinning technique
- Star turns, kick turns, use of axe to improve track and turning platform
- Setting a good skinning track - route choice geared to client ability, equipment, terrain and snow conditions
- Carrying skis on rucksack

Roped Skiing

- Rope choice, roping up, tying on, distance apart
- Roped skiing uphill/downhill, changing direction and rope control
- Holding a fall
- Escaping from the system
- Ski belays
- Hoisting and crevasse rescue

Route Planning and Navigation

- Route planning on the map/on the ground
- Use of altimeter
- Skiing on a bearing – uphill, flat and downhill
- Judgement of distance - stride pattern & ski length
- Use of GPS

Rescue and Evacuation

- Crevasse rescue - problems associated with an unroped skier in crevasse
- Avalanche transceivers - different types and limitations (multiple burials) client/guide transceiver checks and client training.
- Conducting a search
- First aid and cold injury
- Improvised sledge - stretcher kit/bivi bag
- Evacuation of victim on improvised stretcher on a variety of terrain
- Understanding organisation of larger rescue, callout and search methods

Avalanche

Avalanche work on this course will be of a practical nature: related to conditions found in the week, avalanche terrain and route choice

Tour Preparation

- Planning and preparation and risk assessment
- Hut use
- Training and briefing clients
- Equipment

Off-Piste Guiding

- Group management, control and briefing
- Guiding snowboarders
- Client care and security on difficult terrain
- Rucksack contents - guide/clients/group, off piste/touring
- Searching for lost skis
- Route choice - client ability, terrain traps, snow conditions
- Descent of avalanche-prone areas, precautions and protection
- Use of radios and phones
- Use of ropes for abseil/lower/static line
- Glacier skiing

GUIDANCE NOTES

APPENDIX 1 SAMPLE PROGRAMMES

Training and assessment courses are predominantly practical and are based on the syllabus requirements. On all training/assessment courses sample programmes are given as a guide. Convenors make decisions about the courses based on the prevailing conditions and may adjust the format and content accordingly. The individual days may be moved and/or changed to suit area, conditions and needs of the course and candidates.

1 Entrance Exams

The induction courses are formal courses open to candidates whose applications have been accepted by the BMG Training Committee.

1.1 Rock Entrance Exam and Foundation Training

Day 1 **Rock climbing assessment at EI 5b**

Demonstrate competence in rope work and leading on multi-pitch routes at a grade of E1 5b in rock boots and grade V in mountain boots. Candidates coming forward to this rock climbing assessment are expected to be safe in terms of their rope work and other related areas of competence.

Day 2 **Short Roping**

Dynamic short roping in the summer UK environment

Evening: Night Navigation

Day 3 **Improvised rescue**

Basic overview of multi-pitch rock climbing guiding and improvised rescue.

Evening: Debrief

MIA holders can apply for exemption from days 2 and 3.

This course normally runs in the autumn in England or Wales during September.

1.2 Ski Technique Course

A three-day course based in a ski area in the Alps, teaching candidates personal skiing skills on and off-piste.

1.3 Ski Entrance Exam

Day 1 Skiing

Downhill skiing, on and off-piste, candidates should demonstrate skiing ability at an acceptable level. Recommendations for improvement will be made if necessary.

This course normally runs in the Alps during January. The BMG Ski Technique course will run at about this time and candidates are required to attend.

1.4 Cascade Training Course

This course normally runs in the European Alps in January or February

Day 1. This day covers specific guiding techniques appropriate to cascade ice climbs.

1.5 Winter Entrance Exam & Foundation Training course

Day 1 Winter climbing

Candidates demonstrate general winter mountaineering skills and climb an appropriate route of grade V.

Day 2 Winter skills

General mountaineering and navigation
Route selection and approaches
Hazard avoidance and client care

Day 3 Instructional Skills

Teaching of winter skills, navigation and avalanche awareness

MIC holders can apply for exemption from days 2 and 3.

This course normally runs in Scotland during February and/or March.

The Candidates need to be aware and prepared for the fact that the induction courses may be run in less than ideal conditions. Candidates who are clearly deficient in any area will not be allowed to proceed with the BMG Training Scheme and will be informed of this decision during the induction courses review.

2 Summer Training Course

2.1 Summer Training – Rock 1

This course normally runs in the Lake District during late April/early May.

- Day 1 Guided rock climbing**
Establishing aims and delivering a structured day.
Rope methods for differing guide to client ratios. Stance management and organisation. Use of descents, multiple abseils/lowers and client care.
Review of the day
- Day 2 Short roping**
Short roping techniques in practice with one/two clients on serious mountain scrambling terrain, in ascent and descent. Techniques covered include simple pitched climbing, short pitches and moving together. Aspects such as anchor selection and use, various belay methods, risk assessment and client care will be covered.
Review of the day
- Day 3 Teaching climbing**
On multi-pitch routes focusing on teaching principles, techniques and delivery of a structured day. Aspects such as teaching methods, learning styles, use of different rope systems, progression and teaching leading will be covered.
Review of the day
- Day 4 Consolidation**
An opportunity to further practice and consolidate key skills and techniques with a day on mountain rock climbs and scrambles. Route finding, navigation, the use of different rope systems and client care will be covered.
Review of the day
Course debrief and individual **action plan** will follow this day to complete the training course.

2.2 Summer Training – Rock 2

This course normally runs in North Wales during late May early June.

- Day 1 Introducing the Coaching Process**
Climbing wall and classroom sessions to explore the process of adapting techniques to optimise learning.
Review candidates short roping development to explore how best to learn, coach and develop complex skills.
The Psychology of Client Care (lecture/session)

Day 2 Structured Progress and Client Development
Keeping comfortable: sponsored session by WL Gore
Building progression and decision training into our coaching
Structure of Practice for optimal learning
Coaching climbing movement
Occupational Health, LTAD and injury prevention. The risks of a long term involvement in adventure sports; and practical ways to look after your knees and your clients' lungs!

Day 3 PSC and Navigation
Professional Standards in Guiding. From insurance to reporting to the work of the PSC
The theory of coaching strategic mountaineering skills, followed by a practical day outdoors looking at teaching and assessing navigation. The day will consider various judgment skills that need to be trained and assessed as a technical advisor, or for working on the schemes and awards of Mountain Training.
Structure of Mountain Training in the UK and overseas

Day 4 Assessment Experience
A day of "putting it all together" with real mock clients under an experienced BMG mentor. This day will run at a 1:2 ratio and can be tailored to best suit the action plan for each candidate.
Course review, and action plans prior to assessment.

3 Summer UK Assessment

This course normally runs in North Wales in September.

Day 1 Introductory evening: Informal meeting with Course Convenor and available assessors.
Personal climbing performance
Leading confidently on multi-pitch routes at EI 5b, on major mountain crags or sea cliffs. Emphasis will be placed on personal performance, efficiency, rope management, stance organisation, route finding and the safety and well-being of fellow party members. Two candidates will climb for the day with one assessor.

Evening; Theory paper based on technical knowledge and general knowledge of British and world climbing (approximately 1hour, 30 minutes).

Debrief of theory paper and a chance to ask the Course convenor any questions associated with the assessment.

Day 2 Improved crag rescue

Solving a number of problems encountered on multi-pitch climbs, including dealing with accidents, emergencies and situations which will include lowers, hoists, accompanied abseils etc. Candidates will also be expected to solve common problems created by clients. One assessor will assess two candidates climbing on E1 terrain.

Days 3, 4 Overnight and mountain expedition

This is an intensive two day expedition which is based around long mountain climbing and scrambling routes involving pitched climbing, short roping, night navigation, a bivouac and client care. Emphasis is placed on the candidate's mountaineering judgement and consideration for the safety and comfort of the assessor acting as a client. One assessor will assess two candidates.

Day 5 Client day

Guiding one adult client for a day's rock climbing on multi-pitch crags. Candidates will meet their clients and will be expected to question them about their experience and aspirations and then plan a suitable day for their clients. Emphasis will be placed on client care and motivation. Equipment for clients will be available if necessary. One assessor will assess each candidate. The assessor may join the roped party as appropriate.

Evening: Lecture by experienced guide on ethics, professionalism and economic consideration of the guiding profession.

Day 6 Teaching day

Candidates will each have a novice climber for the day and will be expected to teach the skills and techniques of rock climbing and associated activities. The candidate will be expected to plan a suitable itinerary with the emphasis on the teaching of rock climbing and showing a logical progression through the day. One assessor will assess one candidate.

Results and debrief

Candidates will be formally debriefed and the results delivered individually by the Course Convenor.

4 Winter Training Course

This course normally runs during the third week of January in Scotland.

- Day 1** Personal climbing and general guiding skills. Stance management, retreats, rescues. Short roping skills.
Evening: Navigation theory
- Day 2** Techniques for guiding easy routes, client care, short-roping skills
Evening: Navigation skills and training into darkness
- Day 3** Techniques for guiding harder routes, various rope techniques e.g. climbing in series, parallel, client care, short roping skills.
Evening: Guides equipment/discussion of BMG Winter Assessment
- Day 4** A mountaineering day developing short roping and short pitching techniques, moving together and navigation.
Evening: Navigation skills and training into darkness
- Day 5** A day of consolidation bringing together all the learnt skills of general mountaineering, guided climbing, navigation and instruction.
Evening: Debrief and action plans moving forward

5 Winter Assessment

This course normally runs during the first week in March in Scotland.

Evening before course starts

Formal meeting with Course Convenor and available assessors.

Days 1, 2 **General mountaineering skills and expedition**

Movement on steep ground, snow craft, ice craft, navigation, route finding, avalanche assessment, emergency shelters over two days with a night spent on the hill

Day 3 **Personal climbing performance**

Candidates climbing in pairs with one assessor leading on Grade V routes on mixed / buttress climbs.

Day 4 **Personal climbing performance**

A snow and ice route in Cairngorms/Ben Nevis/Creag

Meagaidh. Candidates climbing in pairs with one assessor leading on Grade V routes

Day 5 Guiding day

Candidates prepare one client in snow and ice craft, belaying, rope work etc. as appropriate. The day should include the completion of a winter route. One assessor will assess each candidate.

Day 6 Guiding day, debriefing and results

Guiding same client on a longer route (typically Carn Etchachan, Creagh Meaghaidh, Ben Nevis). This will be at a standard appropriate to the clients' ability.

6 Ski Touring Training

This course normally runs late March or early April in the European Alps. Part of this course will take place in a ski area and the rest of the course will take the form of ski tours in the mountains.

Days 1, 2 Off-piste and downhill skills including party management, route selection, terrain and evaluation of conditions. Emergency procedures and the use of transceivers

Days 3,4,5 Ski tours in the mountains covering all aspects of ski mountaineering including route choice, uphill skills, touring equipment, glacier skiing, the use of ropes, emergency procedures and evacuation in remote areas.

7 Summer Alpine Training

This 7 day course runs in June in the European Alps over a period of 8 days with a floating rest day.

Day 1 Roping up techniques and systems. The trainer will 'guide' the Aspirants for the major part of the day so as to demonstrate the standard.

Day 2 Ascent of a technical rock peak with a complicated descent using a variety of techniques.

Day 3 Ascent of a mixed peak, using guiding techniques on snow and ice

Day 4 Glacier day: ice craft, crevasse rescue systems and glacier crossing systems.

Day 5 Ascent of a more difficult rock peak, Grade IV/V, with use of more advanced moving-together techniques where appropriate.

Day 6 Via ferrata training

Day 7 Consolidation of guiding techniques

Debrief and departure.

During the evenings, general topics as outlined in the Alpine Syllabus will be covered.

This course is usually run from a series of high Alpine huts. The programme is flexible to allow for weather, conditions and varying venues.

8 **Ski Touring Assessment**

This course normally runs during the spring in the European Alps. This course is based in an Alpine area and will include up to four nights in an Alpine hut.

Day 1 **Downhill skills – ski level appraisal**
Transceiver skills
On/off piste personal skills
Leading groups off piste
On-/off-piste client care and leadership skills

Days 2-6 **Ski touring skills**
Local tours and a hut trip assessing:
Group management and client care
Route planning, route choice and hazard awareness
Uphill skills
Use of huts and remote emergency care/evacuation

Personal skiing standard will be assessed on a continual basis over the week

9 **Summer Alpine Assessment**

This course normally runs during the middle of August in the European Alps in the Aspirants second alpine season

Day 1 Course introduction. Glacier day covering ice craft, crevasse rescue and roping systems for glacial travel.

Day 2 Ascent of a mixed route using a variety of guiding techniques on both snow and rock

Day 3 Ascent of a rock route using a variety of guiding techniques with an emphasis on speed and efficient rope work and systems in ascent and descent

Day 4 Ascent of a longer, more difficult rock route, assessing personal skills: speed, efficiency, route finding etc.

Day 5 Ascent of a longer, more difficult, mixed route, assessing personal skills.

Day 6 Climbing multi-pitch rock up to French 5c/6a in mountaineering boots demonstrating good climbing style and appropriate guiding techniques in ascent and descent.

The individual days may be interchanged and/or changed slightly to suit area, conditions and needs of assessment. Throughout the week

navigation and route finding will be assessed

10 COMPLETION SEMINAR

A half-day run at different times of the year and at venues to suit both the Technical Director and the Aspirant(s). Aspirant(s) will present their log books showing they have completed all the required components of the training and assessment scheme. The seminar will review the Aspirants' experiences through the scheme and give direction and guidance for their future careers as a Guide.

- Responsibilities of an IFMGA BMG Mountain Guide
- Working as a newly-qualified guide
- Accident and complaints procedure
- The BMG Association
- EPC and foreign registration to work
- Continued Professional Development
- Social media

Appendix 2: British Mountain Guides Training and Assessment Scheme

	<div style="display: flex; justify-content: space-around; margin-bottom: 5px;"> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center;">Pre Requirements</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center;">References</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center;">First Aid Certificate</div> </div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Application – End of May</div>
Registrant Status	<div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Rock Entrance Exam & Foundation Course (3 days) - UK</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Ski Entrance Exam (1 day) - Alps</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Ski Technique Course (3 days) - Alps</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Winter Entrance Exam & Foundation (3 days) - UK</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center;">Application is accepted</div>
Trainee Status	<div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Summer Training Rock 1 (4 days) - UK</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Physical Performance and Coaching Rock 2 (4 days) - UK</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Summer UK Assessment (6 days) - UK</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Scottish Avalanche Training (1 day) - UK</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Winter Training Course (5 days) - UK</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Winter Assessment (6 days)</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center;">Ski Touring Training Course (5 days) - Alps</div>

Aspirant Status	<div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Summer Alpine Training Course (7 days) - Alps</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Alpine Apprenticeship First Season – Minimum 20 days</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Off-Piste Ski & Avalanche Training (6 days) - Alps</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Cascade Training Course (2 days) - Alps</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Ski Apprenticeship – Minimum 15 days</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Ski Touring Assessment (6 days) - Alps</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Alpine Apprenticeship Second Season – Minimum 10 days</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 5px;">Alpine Assessment (6 days) - Alps</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center;">Completion Seminar (0.5 days) - TBC</div>
Full Guide	<div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; margin-bottom: 20px;">Full Guide Carnet IFMGA Membership</div> <div style="display: flex; justify-content: space-between;"> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; width: 30%;"> CPD 2 days in 2 years </div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center; width: 30%;"> First Aid Revalidation Every 3 years </div> </div>

APPENDIX 3

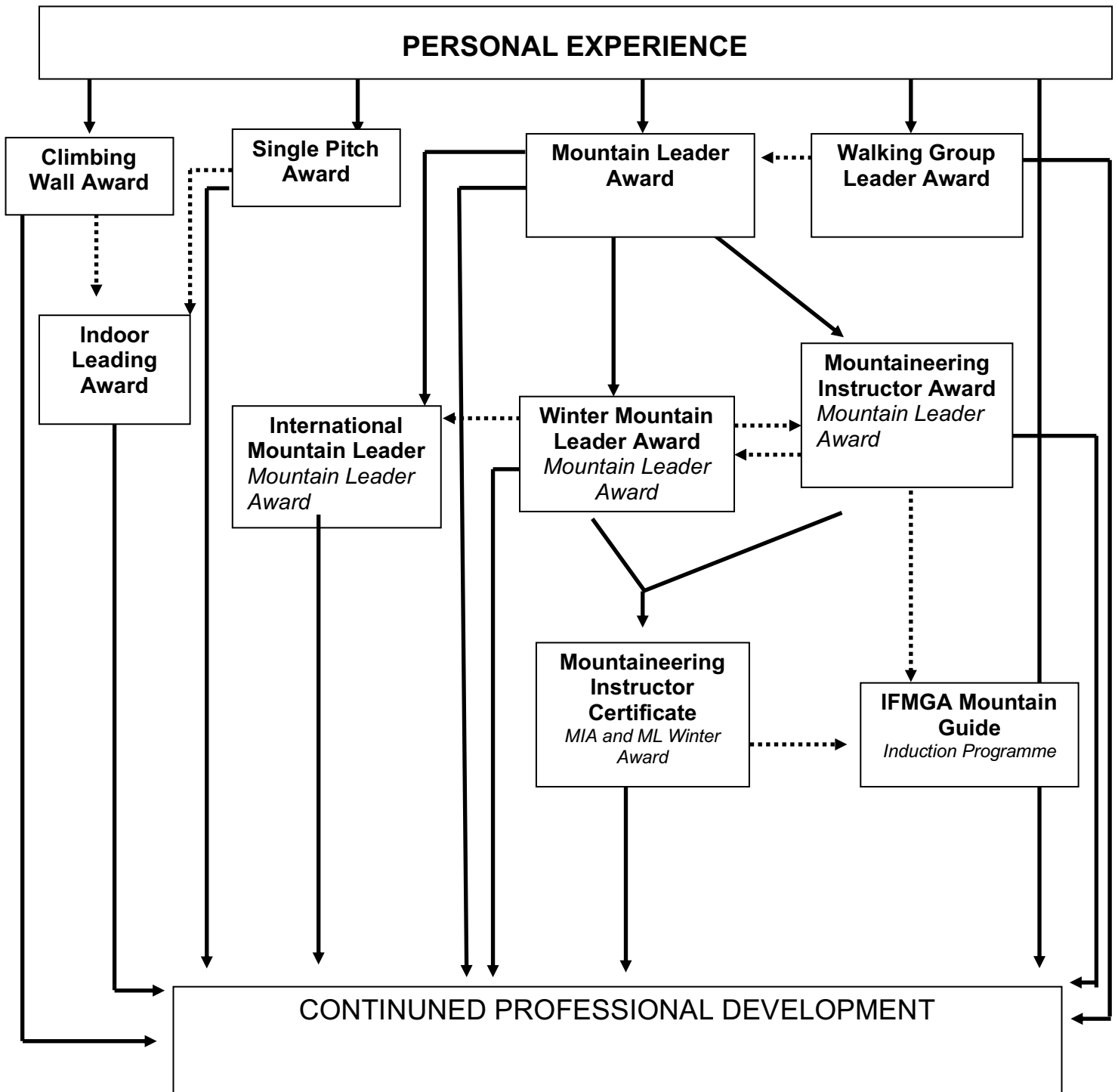
FORMAT OF BMG ASSESSMENT FOR MOUNTAINEERING INSTRUCTORS IN BRITISH SUMMER AND WINTER CONDITIONS

- Submit application to the BMG and meet entry pre-requirements
- Attend the Rock Entrance Exam
- MIA/MICs can be exempt from the 2 day Foundation Course after the Rock Entrance Exam. Although it is strongly recommended that they attend this course.
- Attend the Ski Technique Course
- Attend the Ski Entrance Exam
- Attend the Winter Entrance Exam
- MICs can be exempted from the 2 day Winter Foundation Course after the Winter Entrance Exam. Although it is strongly recommended that they attend this course.

MIA/MICs will then complete all the remaining aspects of the BMG training and assessment scheme.

APPENDIX 4 EXPLANATION OF UK MOUNTAIN TRAINING SCHEMES

Personal experience requirements increase as candidate's progress to higher awards,



Key: *Pre-requisite qualifications shown in Italics*
Dotted lines show optional pathways

APPENDIX 5 FIRST AID

First Aid Certificate

All candidates must hold a valid, standard first aid certificate. There must be an additional mountain component. This should include casualty handling/lifting/carrying, altitude sickness, frostbite, hypothermia, sunburn and snow blindness. It is the responsibility of all Guides to keep first aid certificates up to date and to obtain more advanced training for remote expeditions e.g. high altitude medicine.

APPENDIX 6 Continued Professional Development (CPD)

Qualified Mountain Guides are required to undertake a minimum of two days of CPD training every two years. The following training courses in the Guides' scheme are available and open to Full Guides:

- Physical Performance and Coaching course
- Training for Non MIA's
- Training for non MIC's
- Ski Technique Course
- Avalanche Training

Short courses are also offered periodically on a range of subjects, which include the following:

- High altitude medicine
- Expedition and Trekking
- Canyoning
- Risk Management and non-technical skills
- Any other subject documented in this manual.

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